



## Workshop on Advanced Offensive and Defensive Driving Course for Drivers

January 17 – 18, 2026, Lagos & Abuja

February 28 – March 1, 2026, Lagos & Port Harcourt

April 4 – 5, 2026, Lagos & Abuja

May 16 – 17, 2026, Lagos & Abuja

June 20 – 21, 2026, Lagos & Port Harcourt

July 18 – 19, 2026, Lagos & Port Harcourt

August 29 – 30, 2026, Lagos & Abuja

October 3 – 4, 2026, Lagos & Port Harcourt

**For Tutor -Led Class:** 9am – 4:30pm

**Workshop fee:** Lagos: N100, 000 per Participant

**Abuja / Port Harcourt:** N150, 000 per Participant

**Available for In-plant Training**

### Program overview:

Defensive driving is driving to save lives, time and money in spite of the conditions around the driver and the actions of others while Offensive driving is a manner of driving that is proactive rather than reactive. It is a more dangerous driving method than defensive driving, as it involves taking control of the road and forcing vehicles around you to adapt. This program “Advanced Defensive and Offensive Driving Course (DODC)” is specifically meant for experienced drivers who already know how to drive. It is designed to sharpen their driving skills to prevent collisions, wriggle out dangerous situations and lessen the severity of collisions thus avoiding the tragic costs in human life, misery and financial expenses that motor accidents, kidnaping and terrorism acts can cause.

### For whom:

This course is designed for experienced drivers, dispatch riders and their supervisors. It is perfectly suited for executive chauffeur and security drivers who are assigned the protective driving of organizational executives

### Learning objectives:

At the end of this program, participants will be able to:

- identify the three basic ideas that form the foundation of defensive driving course and the ideology behind them;
- apply (ddc) collision prevention formular;
- recognize hazards and understand the defensive technique applicable and act in time;
- apply two-second rule;
- explain the split-second decision - use the four r's to prevent head-on collision;
- identify various prescription drugs and their potential side effects on driving;
- drive in emergency situations and manage their vehicles out of dangerous zones to safety;
- improve on their skills and level of confidence through practical guidance;
- increase their alertness through an anticipative offensive state of mind and respond in the correct instinctive manner to any hazardous driving situation; and
- drive offensively out of dangerous situations and zones.

## Course outline:

### Day 1: The concept of advanced defensive driving techniques

- Preventable collision
- The 30km/h collision exercise
- Art of overtaking, using the 4R's rules
  - Stopping Distance: How close is too close
- The Two-second rule - The two-second plus rule
- Driving in emergencies - Following distance exercise
- The mystery crash - Developing defensive driving attitude

#### LOCATIONS

1 - HCA Learning Centre. Acme House 2nd Floor, 23, Acme Road, Ogbia, Industrial Scheme, Ikeja, Lagos, Nigeria

2 - FAB By Toprank Hotel, Opposite Old Federal Secretariat Area 1, Garki, Abuja.

3 - Pakiri hotel Ltd., 4 Okwuruola Street, off Stadium Road, Rumuola, Port Harcourt, Rivers State.

In-plant Fee Negotiable

#### WORKSHOP FEE:

**Workshop fee: Lagos: N100, 000 per Participant, VAT-N7,500**

**Abuja / Port Harcourt: N150, 000 per Participant, VAT-N11,250**

Note: this covers Workshop Fee, Tea/coffee break, Lunch, course materials and certificate of attendance.

Payment should be made into our Accounts:

Account Name: Human Capital Associates Global Consult Ltd.

Union Bank of Nig. PLC: Account No: 0097961537

First Bank of Nig. PLC: Account No: 2033683960

Keystone Bank Ltd.: Account No: 1007150325

**For Booking / Enquiry, Call: 234-8051365946, 234-7087578814  
24/7 Lines: 234-8068933608, 234-8029170491, 234-8145745664, & 234-9112830607**

### Day 2: Advanced offensive driving techniques:

- Practical - Handbrake Turns 90°
  - Handbrake Turns 180°
  - 180° Reverse Turns – Accident Avoidance,
  - Emergency braking & Swerving-to-avoid Obstacles
- High-Speed Vehicle Maneuvers, Braking Techniques & Skid Control
- 2 Point Escape Turn and Reversing Techniques
  - Reverse Ramming Techniques:
  - Practical Vehicle Demonstration Test
  - Defensive and Offensive driving course:
  - Post course evaluation test

### Training Methodology

Lectures, discussions, exercises, case studies, audio-visual aids will be used to reinforce these teachings/learning methods.

Human Capital Associates Global Consult Ltd is Accredited by Nigeria Council for Management Development (NCMD)

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