



### **Workshop on Defensive Driving Course for Drivers**

January 24 – 25, 2026 Lagos & Abuja

March 7 – 8, 2026 Lagos & Abuja

April 11 – 12, 2026, Lagos & Port Harcourt

May 23 – 24, 2026, Lagos & Port Harcourt

June 27 – 28, 2026, Lagos & Lagos & Abuja

July 25 – 26, 2026, Lagos & Port Harcourt

September 5 – 6, 2026, Lagos & Port Harcourt

October 10 – 11, 2026, Lagos & Abuja

**For Tutor -Led Class: 9am – 4:30pm**

**Workshop fee: Lagos: N100, 000 per Participant**

**Abuja / Port Harcourt: N150, 000 per Participant**

**Available for In-plant Training**

#### **Program overview:**

Defensive driving is driving to save lives, time and money in spite of the conditions around the driver and the actions of others. This program “Defensive Driving Course (DDC)” is specially designed for drivers who already know how to drive. It is designed to sharpen their driving skills to prevent collisions and lessen the severity of collisions, avoiding the tragic costs in human life, misery and financial expenses that motor accidents incur.

#### **For whom:**

All Company drivers, Dispatch riders and their supervisors

#### **Learning objectives:**

At the end of the program, participants will be able to:

- identify the three basic ideas that form the foundation of defensive driving course and the ideology behind them;
- to apply (DDC) collision prevention formula;
  - through their ability to recognize hazards and understand the defensive technique applicable and act in time;
- apply two-second rule;
- the split-second decision;
- use the four r’s to prevent head-on collision;
- identify various prescription drugs and their potential side effects on driving;
- explain breath alcohol content and its effects on driving; and
- drive in emergency situations and manage their vehicles out of dangerous zones to safety.

#### **Course outline:**

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Human Capital Associates Global Consult Ltd is Accredited by Nigeria Council for Management Development (NCMD)

Lagos: Human Capital Associates Global Consult Ltd: Acme House 2nd Floor, Ogba Industrial Scheme, Ogba, Ikeja – Lagos

Website: [www.hcaglobalconsult.com](http://www.hcaglobalconsult.com); Email: [info@hcaglobalconsult.com](mailto:info@hcaglobalconsult.com), [hcaglobalconsult@gmail.com](mailto:hcaglobalconsult@gmail.com)

Tel: Office Lines: Mon – Fri | 8am-5pm | +234-8051365946, +234-7087578814 (Office Lines)

24/7 Lines: +234-8068933608 (WhatsApp), +234-8029170491 & +234-8145745664(WhatsApp) & +234-9112830607

### Day 1: The concepts of defensive driving

- Preventable collision
- The 30km/h collision exercise
- Art of overtaking, using the 4R's rules
- Stopping Distance: How close is too close
  - The Two-second rule
  - The two-second plus rule
  - Driving in emergencies
  - Following distance exercise

### Day 2: Highway safety

- Road safety and traffic regulations:
  - Using the revised highway codes
- Traffic sign test
- Driving and drinking
- Breath alcohol content and its side effect on driving
- Prescription drugs and their potential side effects on driving
- Exercise: Reaction time test
- The mystery crashes
- Developing defensive driving attitude
- Defensive driving course:
  - Post course evaluation test

#### LOCATIONS

1 - HCA Learning Centre. Acme House 2nd Floor, 23, Acme Road, Ogba, Industrial Scheme, Ikeja, Lagos, Nigeria

2 – FAB By Toprank Hotel, Opposite Old Federal Secretariat Area 1, Garki, Abuja.

3 – Pakiri hotel Ltd., 4 Okwuruola Street, off Stadium Road, Rumuola, Port Harcourt, Rivers State.

In-plant Fee Negotiable

#### WORKSHOP FEE:

**Workshop fee: Lagos: N100, 000 per Participant, VAT-N7,500**

**Abuja / Port Harcourt: N150, 000 per Participant, VAT-N11,250**

Note: this covers Workshop Fee, Tea/coffee break, Lunch, course materials and certificate of attendance.

Payment should be made into our Accounts:

Account Name: Human Capital Associates Global Consult Ltd.

Union Bank of Nig. PLC: Account No: 0097961537

First Bank of Nig. PLC: Account No: 2033683960

Keystone Bank Ltd.: Account No: 1007150325

**For Booking / Enquiry, Call: 234-8051365946, 234-7087578814**

**24/7 Lines: 234-8068933608, 234-8029170491, 234-8145745664, & 234-9112830607**

**Training Methodology:** Lectures, discussions, exercises, case studies, audio-visual aids will be used to reinforce these teachings/learning methods.

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